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醫學學士，1978-1982

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工作經歷

機構名稱	職位	任期
澳門科技大學	教授	2015-現在
香港食物安全中心	食物安全主任	2007-2015
北京大學公共衛生學院	副教授、教授	1995-2011
中國預防醫學科學院營養與 食品衛生研究所	實研、助研、副研究員	1982-1995
美國國家毒理學研究中心	訪問學者	1991-1992

社會兼職

1. 聯合國糧食與農業組織/世界衛生組織聯合食品添加劑專家委員會委員（Joint
FAO/WHO Expert Committee on Food Additives, JECFA）（2011-2015）（2016-2020）
2. 第一屆中國國家食品安全風險評估專家委員會委員（2009-現在）
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4. 香港食物安全中心電子雜誌“食物安全焦點”編委（2007-2015）
5. 第二屆中國國家食物與營養諮詢委員會委員（2001-2009）
6. 北京營養學會秘書長（2005-2009）
7. 第五屆中國營養學會理事（2000-2004）
8. 北京醫科大學教學委員會委員（1998-2001）
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榮譽和獲獎:

1. 2008 年在中國內地三聚氰胺事故發生后，制定了全球首個食物中三聚氰胺限量標準，並被國際組織和多個國家採納，獲 2009 年香港食物環境衛生署署長嘉獎“團隊傑出表現獎”
2. “重大出生缺陷發生的基礎研究”獲 2005 年中華醫學會科技獎二等獎
3. 2001 年獲中國國家留學基金管理委員會簽發的高級訪問學者
4. 1996 年獲北京醫科大學優秀教師獎
5. “殺蟲雙代謝的毒理學研究”獲 1995 年衛生部科技進步三等獎
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7. “中國茶葉防癌機制研究”獲 1991 年衛生部科技進步三等獎

發表文章

1. Hongwei Wang, Jue Wang, Zheng Li, Christopher Wai Kei Lam, **Ying Xiao**, Qibiao Wu and Wei Zhang, Consumption of sugar-sweetened beverages has a dose-dependent effect on the risk of non-alcoholic fatty liver disease: an updated systematic review and dose-response meta-analysis. (2019), *International Journal of Environmental Research and Public Health*, 16, 2192
2. Kangning Chen, Qianyu Zhao, Xiaofan Li, Jing Zhao, Peiqin Li, Shuchun Lin, Hongwei Wang, Jiajie Zang, Ying Xiao, Wanghong Xu, Fuxue Chen and Ying Gao, Dietary fiber intake and endometrial cancer risk: A systematic review and meta-analysis. (2018), *Nutrients*, 10 : 945-960
3. Zhou Wang, Liubo Pan, Guihua Liu, Huimin Zhang, Jinzhou Zhang, Jie Jiang, **Ying Xiao**, Weibin Bai, Rui Jiao and Wei Huang, Dietary exposure to cadmium of Shenzhen adult residents from a total diet study. (2018), *Food Additives and Contaminants: Part A*, 35:706-714
4. Arthur Tin-Chung Yau, Melva Yung-yung Chen, Chi-ho Lam, Yuk-yin Ho, **Ying Xiao** & Stephen Wai-cheung Chung, Dietary exposure to mycotoxins of the Hong Kong adult population from a Total Diet Study. (2016), *Food Additives and Contaminants: Part A*,

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5. Liubo Pan, Zhou Wang, Zhaoqiong Peng, Cuihua Liu, Huimin Zhang, Jinzhou Zhang, Jie Jiang, Nimal Pathiraja. **Ying Xiao**, Rui Jiao & Wei Huang, Dietary exposure to lead of adults in Shenzhen City, China. (2016), *Food Additives and Contaminants: Part A*, 33:1200-1206
6. M.Y.Y. Chen, W.W.K. Wong, B.L.S. Chen, C.H. Lam, S.W.C. Chung, Y.Y. Ho & **Y. Xiao**, Dietary exposures to organochlorine pesticides of the Hong Kong adult population from a Total Diet Study. (2015), *Food Additives and Contaminants: Part A.*; 32:342-351.
7. Chung SWC, Tong KSK, **Xiao Y**, Ho YY. Methylmercury and long chain n-3 fatty acids of 88 fish species commonly consumed in Hong Kong. (2015), *Journal of Analytical Science and Technology*, 6:5.
8. Melva Chen, Benny Chan, Stephen Chung, Yuk Yin Ho, **Ying Xiao** (2014), Dietary exposure to eight metallic contaminants of the Hong Kong adult population from a Total Diet Study, *Food Additives and Contaminants: Part A*, 31:1539-1549
9. Waiky W.K. Wong, Arthur T.C. Yau, Stephen.W.C. Chung, Chi-Ho Lam, Stephanie Ma, Y.Y. Ho & **Y Xiao**. (2014) Dietary exposures of the Hong Kong adults to pesticide residues: Results of the first Hong Kong Total Diet Study, *Food Additives and Contaminants: Part A*, 31: 852-871
10. Waiky W.K. Wong, Stephen.W.C. Chung, Chi-Ho Lam, Y.Y. Ho & **Y Xiao**. (2014) Dietary exposures of the Hong Kong adults to acrylamide: Results of the first Hong Kong Total Diet Study, *Food Additives and Contaminants: Part A*, 31: 799-805
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12. Waiky W. K. Wong, Yiu-chung Yip, Koon-Kay Choi, Y.Y. Ho & **Ying Xiao**. (2013). Dietary exposure to dioxins and dioxin-like PCBs of Hong Kong adult: results of the first Hong Kong total diet study, *Food Additives and Contaminants: Part A*, 30: 2152-2158
13. M.Y.Y.Chen, W.W.K. Wong, K.K. Choi, Y.C. Yip, Y.Y. Ho and **Y. Xiao**. (2013) Dietary exposure of the Hong Kong adult population to polybrominated diphenyl ethers(PBDEs):

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14. H.Y. Chung, Stephen W.C. Chung, B.T.P. Chan, Yuk Yin Ho and **Ying Xiao**, (2013) Dietary exposure of Hong Kong adults to fatty acid esters of 3-monochloropropane-1,2-diol, *Food Additives and Contaminants: Part A*, 30: 1508-1512
 15. Stephen W.C. Chung, S.K. Tong, Violette F.P. Lin, Melva Y.Y. Chen, Janny K.M. Ma, **Y.Xiao** and Y.Y. Ho.(2013) Trans fatty acids in the Hong Kong food supply, *Journal of Chemistry*, Volume 2013, Article ID 327582, <http://dx.doi.org/10.1155/2013/327582>
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 25. Anna Tang, Ka Ping Kwong, Stephen Chung, Yuk Yin Ho and **Ying Xiao**. (2009) Dietary exposure to total mercury and methylmercury from fish intake in Hong Kong secondary school students, *Food Additives and Contaminants: Part B*, 2: 8-14
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