

焦建



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教研領域

人际传播；家庭传播；健康传播；
亲密关系；心理健康

學歷

2018 - 2022 博士 / 传播学 / 亚利桑那大学
2016 - 2018 硕士 / 传播学 / 亚利桑那大学
2014 - 2016 硕士 / 新闻与传播 / 中国人民大学
2009 - 2013 学士 / 广播电视新闻学 / 东北师范大学

教學經驗

2023 至今 澳门科技大学 / 人文艺术学院 / 助理教授
2022 - 2023 博伊西州立大學 / 传播系 / 助理教授
2016 - 2022 亚利桑那大学 / 传播系 / 研究生助教

學術成果

期刊论文：

- Cooper, R. A., Segrin, C., & Jiao, J. (2025). The social process linking neighborhood social fragmentation and individual psychological distress. *Journal of Social and Personal Relationships*, 42(1), 209-226. <https://doi.org/10.1177/02654075241291904>
- Jiao, J., Pitts, M. J., & Segrin, C. (2024). Autonomy and overparenting: Are parents of emerging adults being responsive? *Family Process*, 63(3), 1623-1636. <https://doi.org/10.1111/famp.12969>
- Segrin, C., Jiao, J., & Cooper, R. A. (2024). Social isolation mediates the effects of negative emotionality and resilience on drinking to cope and drinking alone. *Substance Use & Misuse*, 59(13), 1860-1869. <https://doi.org/10.1080/10826084.2024.2383615>
- Jiao, J., & Segrin, C. (2023). Moderating the association between overparenting and mental health: Open family communication and child trait autonomy. *Journal of Child and Family Studies*, 32(3), 652-662. <https://doi.org/10.1007/s10826-022-02528-2>
- Fowler, C., Jiao, J., & Pitts, M. J. (2023). Exploitation and ennui among Amazon MTurk workers. *Behavior Research Methods*, 55(6), 3009-3025. <https://doi.org/10.3758/s13428-022-01955-9>
- Segrin, C., Cooper, R. A., & Jiao, J. (2023). Neighborhood disadvantage has an indirect effect on problem drinking through increased psychological distress. *Psychology of Addictive Behaviors*, 37(7), 918-927. <https://doi.org/10.1037/adb0000911>

- Terán, L., Shin, Y., & **Jiao, J.** (2023). Associations of adolescents' vocational anticipatory socialization: Exploring the roles of favorite television characters, gender, and parent-child communication. *Southern Communication Journal*, 88(2), 148-159. <https://doi.org/10.1080/1041794X.2022.2118364>
- Curran, T., Arroyo, A., Fabbriatore, J. L., & **Jiao, J.** (2023). The associations between White privilege critical consciousness, racial attitudes, and intergroup anxiety among parents and adult children in White families. *Communication Monographs*, 90(2), 246-270. <https://doi.org/10.1080/03637751.2023.2202712>
- Pitts, M. J., Fanari, A., Cooper, R. A., **Jiao, J.**, & Kim, S. (2023). The grounded model of communication savoring: Theory development and age cohort study. *American Journal of Qualitative Research*, 7(3), 139-159. <https://doi.org/10.29333/ajqr/13399>
- Jiao, J.**, & Segrin, C. (2022). The development and validation of the Overparenting Scale – Short Form. *Emerging Adulthood*, 10(3), 744-751. <https://doi.org/10.1177/21676968211052783>
- Jiao, J.**, & Segrin, C. (2022). Overparenting and emerging adults' insecure attachment with parents and romantic partners. *Emerging Adulthood*, 10(3), 725-730. <https://doi.org/10.1177/2167696821997710>
- Jiao, J.**, Terán, L., & Aubrey, J. S. (2022). Buffering an objectifying culture: Interpersonal sexual objectification, self-objectification, and attachment anxiety. *Psychology of Women Quarterly*, 46(4), 438-453. <http://doi.org/10.1177/03616843221115335>
- Jiao, J.**, Wang, J., & Fu, X. (2022). Family communication patterns and young adults' trait autonomy over time. *Personal Relationships*, 29(3), 416-424. <http://doi.org/10.1111/per.12440>
- Wang, J., & **Jiao, J.** (2022). Bidirectional effects between parental care and depression among adolescent boys: Results from the Chinese Family Panel Studies. *Frontiers in Psychology*, 13: 803450. <http://doi.org/10.3389/fpsyg.2022.803450>
- Segrin, C., **Jiao, J.**, & Cooper, R. A. (2022). Neighborhood disadvantage and mental health: Test of a parallel mediation model through social support and negative emotionality. *Health Communication*, 37(13), 1581-1589. <https://doi.org/10.1080/10410236.2021.1903733>
- Segrin, C., **Jiao, J.**, & Wang, J. (2022). Indirect effects of overparenting and family communication patterns on Chinese and American emerging adults' mental health. *Journal of Adult Development*, 29(3), 205-217. <https://doi.org/10.1007/s10804-022-09397-5>
- Adamczyk, K., Morelli, N., Segrin, C., **Jiao, J.**, Park, J. Y., & Villodas, M. (2022). Psychometric analysis of the dating anxiety scale for adolescents in samples of Polish and U.S. young adults: Examining the factor structure, measurement invariance, item functioning, and convergent validity. *Assessment*, 29(8), 1869-1889. <https://doi.org/10.1177/10731911211017659>
- Jiao, J.** (2021). Family communication patterns and emerging adults' attachment with parents and romantic partners. *Communication Research Reports*, 38(4), 229-240. <https://doi.org/10.1080/08824096.2021.1922373>
- Jiao, J.**, & Segrin, C. (2021). Parent-emerging-adult-child attachment and overparenting. *Family Relations*, 70(3), 859-865. <https://doi.org/10.1111/fare.12473>
- Jiao, J.**, Kim, S., & Pitts, M. J. (2021). Promoting subjective well-being through communication savoring. *Communication Quarterly*, 69(2), 152-171. <https://doi.org/10.1080/01463373.2021.1901758>
- Terán, L., **Jiao, J.**, & Aubrey, J. S. (2021). The relational burden of objectification: Exploring how past experiences of interpersonal sexual objectification are related to relationship competencies. *Sex Roles*, 84(9), 610-625. <https://doi.org/10.1007/s11199-020-01188-0>
- Jiao, J.** (2020). Autonomy and parent-child relationship satisfaction: The mediating role of communication competence. *Communication Research Reports*, 37(3), 99-109. <https://doi.org/10.1080/08824096.2020.1768060>

- Aubrey, J. S., Pitts, M. J., Lutovsky, B. R., **Jiao, J.**, Yan, K., & Stanley, S. J. (2020). Investigating disparities by biological sex and LGBTQ identity: A content analysis of sexual health information on college Student Health Center websites. *Journal of Health Communication, 25*(7), 584-593. <https://doi.org/10.1080/10810730.2020.1825567>
- Stanley, S. J., Yan, K., **Jiao, J.**, Lutovsky, B. R., Aubrey, J. S., & Pitts, M. J. (2019). Communicating about sex when it matters: A content analytic investigation of sexual health information on college student health center websites. *Journal of Applied Communication Research, 47*(5), 591-610. <https://doi.org/10.1080/00909882.2019.1675895>
- Pitts, M. J., Kim, S., Meyerhoffer, H., **Jiao, J.** (2019). Savoring as positive interpersonal communication. In J. A. Muñiz-Velázquez & C. Pulido (Eds.), *The Routledge handbook of positive communication* (pp. 98-107). Taylor & Francis Group.
- Yu, G., **Jiao, J.**, Zhang, X., Yi, L., & Liang, X. (2017). From the breaking of media channel malfunctions toward the construction of Platisher: The pathways and crux of traditional media transformation [in Chinese]. *North Media Research, 2*(4), 4-13. <http://doi.org/10.19544/j.cnki.bmyj.2017.0050>
- Zhao, Y., Wang, J., Teng, M., & **Jiao, J.** (2017). *Chinese society's transformation anxiety and Internet ethics* [in Chinese]. Renmin University of China Press.
- Yu, G., **Jiao, J.**, & Zhang, X. (2015). The derivation, theory, and operating crux of Platisher [in Chinese]. *Journal of Renmin University of China, 29*(6), 120-127.

會議論文：

- Martin, E., Rossetto, K., & **Jiao, J.** (November 2024). *The effects of belonging and resilience on loneliness and psychological well-being before, during, and after COVID-19*. Paper presented at National Communication Association annual convention. New Orleans, LA.
- Rossetto, K., Martin, E., & **Jiao, J.** (May 2023). *The impact of resilience, school belonging, and loneliness on college students' psychological well-being pre- and during COVID-19*. Paper presented at International Association for Relationship Research annual convention. Phoenix, AZ.
- Jiao, J.**, Terán, L., & Aubrey, J. S. (November 2022). *The gendered romantic burden of objectification: Interpersonal sexual objectification, self-objectification, and attachment anxiety*. Paper presented at National Communication Association annual convention. New Orleans, LA.
- Cooper, R. A., Segrin, C., & **Jiao, J.** (November 2022). *Social fragmentation and psychological distress in disadvantaged neighborhoods*. Paper presented at National Communication Association annual convention. New Orleans, LA.
- Jiao, J.**, Segrin, C., & Wang, J. (May 2022). *Explaining the negative association between overparenting and parent-child relationship satisfaction: Communication and attachment perspectives*. Paper presented at International Communication Association annual convention. Paris, France.
- Segrin, C., **Jiao, J.**, & Wang, J. (May 2022). *Indirect effects of overparenting and family communication patterns on Chinese and American emerging adults' mental health*. Paper presented at International Communication Association annual convention. Paris, France.
- Segrin, C., **Jiao, J.**, Cooper, R. A., & Kim, S. (May 2022). *Consistency in parental reports of overparenting across four cultures*. Paper presented at International Communication Association annual convention. Paris, France.
- Wang, J., & **Jiao, J.** (November 2021). *Reciprocal relationships between parental care and depression among Chinese adolescent boys*. Paper presented at World Congress in Adolescent Health annual convention. Virtual conference.
- Fu, X., Wang, J., & **Jiao, J.** (November 2021). *Trait autonomy: Shaped by family communication patterns and associated with family functioning and satisfaction*.

Paper presented at National Communication Association annual convention. Seattle, WA.

- Jiao, J.** (May 2021). *Family communication patterns and young adults' attachment with parents and romantic partners*. Paper presented at International Communication Association annual convention. Virtual conference. Interpersonal Communication Division **Top Student Paper**.
- Jiao, J.,** & Segrin, C. (May 2021). *Overparenting and emerging adults' insecure attachment with parents and romantic partners*. Paper presented at International Communication Association annual convention. Virtual conference.
- Segrin, C., **Jiao, J.,** & Cooper, R. A. (May 2021). *Neighborhood disadvantage and mental health: Test of a parallel mediation model through social support and negative emotionality*. Paper presented at International Communication Association annual convention. Virtual conference.
- Terán, L., Shin, Y., & **Jiao, J.** (May 2021). *The associations between adolescents' favorite television characters, family communication, and occupational identity*. Paper presented at International Communication Association annual convention. Virtual conference.
- Jiao, J.,** & Segrin, C. (May 2020). *Mom, it's not my fault: Parental attachment and overparenting*. Paper presented at International Communication Association annual convention. Virtual conference.
- Jiao, J.,** & Terán, L. (May 2020). *Interpersonal consequences of self-objectification: The mediating roles of self-esteem and stress*. Paper presented at International Communication Association annual convention. Virtual conference.
- Kim, S., **Jiao, J.,** & Pitts, M. J. (May 2020). *Exploring the benefits of communication savoring*. Paper presented at International Communication Association annual convention. Virtual conference.
- Pitts, M. J., Cooper, R. A., Fanari, A., **Jiao, J.,** & Kim, S. (November 2019). *Positive aging through communication savoring: A comparative thematic analysis of communication savoring between emerging and older adults*. Paper presented at National Communication Association annual convention. Baltimore, MD.
- Jiao, J.,** Pitts, M. J., & Segrin, C. (June 2019). *The associations between child dispositional autonomy, communication competence, and parent-child relationship satisfaction*. Abstract accepted by International Association for Relationship Research annual convention. Ottawa, Canada.
- Jiao, J.,** & Pitts, M. J. (June 2019). *A content analytic study on communication savoring in close relationships across the lifespan*. Abstract accepted by International Association for Relationship Research annual convention. Ottawa, Canada.
- Jiao, J.,** Pitts, M. J., & Segrin, C. (May 2019). *Boundaries in parent-child relationships: Overparenting and emerging adult children's need for autonomy and communication competence*. Paper presented at International Communication Association annual convention. Washington, D.C.
- Pitts, M. J., **Jiao, J.,** Kim, S., Cooper, R. A., & Fanari, A. (May 2019). *Establishing relational and contextual boundaries for a new model of communication savoring*. Paper presented at International Communication Association annual convention. Washington, D.C.
- Pitts, M. J., Kim, S., **Jiao, J.,** Fanari, A., & Cooper, R. A. (May 2019). *Savoring as a language and social psychology construct: Cultural and lifespan perspectives*. Paper presented at International Communication Association annual convention. Washington, D.C.
- Pitts, M. J., Kim, S., **Jiao, J.,** & Meyerhoffer, H. (June 2018). *The language and social psychology of savoring across cultures*. Paper presented at International Conference on Language and Social Psychology annual convention. Edmonton, Alberta, Canada.
- Pitts, M. J., Aubrey, J. S., **Jiao, J.,** Lutovsky, B., Stanley, S. J., & Yan, K. (May 2018). *Communicating about sex when it matters: A content analytic investigation of sexual health on college Student Health Center websites*. Paper presented at International Communication Association annual convention. Prague, Czech Republic.

Pitts, M. J., Meyerhoffer, H., **Jiao, J.**, & Kim, S. (February 2018). *Interpersonal savoring and relational resilience as beneficial outcomes of mindfulness*. Paper presented at Western States Communication Association annual convention. Santa Clara, CA.

專業資格認證及獎項

期刊审稿人

- Acta Psychologica, 2021, 2023, 2024
- Australian Psychologist, 2022
- Communication and the Public, 2024
- Communication Quarterly, 2022, 2023
- Emerging Adulthood, 2021-2024
- European Journal of Developmental Psychology, 2021
- Family Process, 2023
- Family Relations, 2020-2023, 2025
- Journal of Adult Development, 2023-2025
- Journal of Child and Family Studies, 2023, 2024
- Journal of Clinical Psychology, 2023
- Journal of Health Communication, 2025
- Journal of Intercultural Communication Research, 2022
- Personal Relationships, 2025
- Southern Communication Journal, 2022
- The Journal of Psychology: Interdisciplinary and Applied, 2025
- Translational Issues in Psychological Science, 2024