

簡歷

姓名：王玲

電郵：lingwang@must.edu.mo

電話：88971716

教育經歷

2002.09-2006.08：香港大學理學院，博士

1993.01-1997.05：University of Illinois at Urbana-Champaign, Agricultural college, MS

1978.09-1983.08: 東南大學, 臨床醫學，醫學學士

工作經歷

2020.09-至今：澳門科技大學醫學院，副教授

1999.01-2020.08：鄭州大學公共衛生學院，副教授

2002.09-2006.08：香港大學理學院，教學助理

1993.01-1998.06：University of Illinois at Urbana-Champaign, Research assistant.

1983.09-1992.12: 鄭州鐵路中心醫院內科，住院醫師，主治醫師

從事食品衛生學與營養學教學科研工作三十餘年，臨床醫學工作近十年。工作和研究領域包括環境與健康，慢性病防治。主持過省級科研項目 2 項，校級科研項目 5 項，參與過科技部、國自然項目 3 項，參加過人群高脂血症營養干預試驗，糖尿病隊列研究、糖尿病營養干預研究、高尿酸血症的干預研究、妊娠糖尿病營養與出生結局的研究等，發表學術論文百餘篇，參編著作十餘部。担任澳门科技大学医学院公共卫生学博士、公共卫生学硕士、护理学硕士、中西医结合博士研究生导师，已经培养澳门科技大学毕业博士研究生 4 人、硕士研究生 35 人，目前在校博士生 15 人、硕士生 10 人。

社會兼職

1. 亞太肥胖與肌肉衰減代謝聯盟副主席（2023-2028）
2. 海峽兩岸醫藥衛生交流協會食品安全與營養健康分會委員會委員（2025-2028）
3. 橫琴粵澳深度合作區澳質品牌促進中心評審專家庫成員（2024-2026）
4. 廣東省食品學會藥食同源與健康專業委員會委員（2023-2026）
5. 教育部碩士學位研究生論文評審專家（2015-現在）
6. 《中國臨床營養網》編委（2014-現在）
7. 《中國醫藥導報》審稿專家（2012-現在）

8. 河南省營養學會婦幼營養專業委員會副主任委員 (2016-2021)
9. 河南預防醫學會食品安全專業委員會副主任委員 (2016-2021)
10. 鄭州營養學會理事長 (2018-現在)
11. 河南省農村義務教育營養改善計劃專家指導組成員 (2012-現在)
12. Iranian Journal of Public Health, Reviewer

近年發表的論文

1. Zhang L, Chen YF, Yang QR, Guo J, Zhou SY, Zhong T, Xiao Y, Yu X, Feng K, Peng Y, Han Z, Feng FF, **Wang L***. The Impact of Dietary Fiber on Cardiovascular Diseases: A Scoping Review. *Nutrients*, 2025, 17(3):
2. Yan DP, Wang YQ, Li J, **Wang L**, Yao YP, Deng J. Effects of happy sensation training group on the symptom of anxiety, depression and sleep structure: a randomized controlled trial. *Frontiers in Neuroscience*, 2025, 19.
3. Zhang L, He JB, Zhang QC, **Wang L***. A Study on 10-Week Combined Aerobic and Resistance Training Exercise Prescription for Female Patients with Pelvic Floor Dysfunction. *Healthcare*, 2025, 13(6):
4. Zhou XL, Guo YN, Jian XT, Miao XY, Wang PP, Wang XK, **Wang L**, Chen HY, Feng FF. Revealing the Molecular Mechanisms of Ozone-Induced Pulmonary Inflammatory Injury: Integrated Analysis of Metabolomics and Transcriptomics. *Toxics*, 2025, 13(4):
5. Miao XY, Li XL, Ma PW, Li MY, Jiang YT, Wang PP, Zhou XL, **Wang L**, Shang PP, Zhang Q, Feng FF. NLRP3 inflammasome-mediated disruption of mitochondrial homeostasis in alveolar macrophages contributes to ozone-induced acute lung inflammatory injury. *ACTA Biochimica ET Biophysica Sinica*, 2025, 57(3): 463-472.
6. 黃翔, 楊華杰, 鄭永均, 李玉婷, 馮潔貞, 王皓翔, 王玲*. 社區高血壓患者 24h 動態血壓不同時段控制情況差異比較及其影響因素分析. *中國醫學科學院學報*, 2025, 47(5): 811-821.
7. Xia GL, Huang MJ, Chen Q, Pu Y, Dong L, Zeng YT, **Wang L***, Chen YP. Mediating role of social support between stigma and social alienation in patients with inflammatory bowel disease: a cross-sectional study. *Frontiers in Psychology*. 2025, 16.
8. Wang MY, Deng XN, Dong H, Feng XY, Zhu FR, Yin D, Hong C, Chen ZY, **Wang L***, Zhu, XM. Enhancing the efficacy of sonodynamic therapy through modulation of autophagy. *Ultrasonics Sonochemistry*. 2025, 121.
9. Chen Y, Zhu J, Wang M, Zhao Q, Huang C, Tarjibayeva, Saule K., **Wang L**, Sun L, Zhou JC. Advances and Clues of Nutritional Adjuvant Therapy for Charcot-Marie-Tooth Disease. *Journal of Nutrition*. 2025, 155(11):3642-53.
10. Zhang XF, Zhang L, Chen JM, Huang HG, Ma H, Wu JL, Tan SY, Cai XY, Zhu HR, **Wang L***. Evaluation of the Comprehensive Complication Index Versus the Clavien-Dindo Classification for Predicting Clinical Outcomes After Cardiac Surgery in Adult Patients. *Journal of Cardiovascular Development and Disease*, 2025, 12(12): 461.
11. Jiang D, Sun L, Wang MH, Han YH, Liao YF, **Wang L***, Fu X. Establishment and Evaluation of Nomogram Model for Predicting the Risk of Arteriovenous Fistula Dysfunction in Patients Undergoing MHD. *Healthcare*. 2025, 13(23):
12. Dong Y, Jiang T, Wu T, Wang W, Xie Z, Yu X, Peng Y, **Wang L**, Xiao Y, Zhong

- T. Enzyme-responsive controlled-release materials for food preservation and crop protection - A review. *Int J Biol Macromol.* 2024, 254(Pt 3):128051.
13. Qiu J, Yang H, Zhang Y, Xiao Y, **Wang L**, Peng Y, Yu X, Huang X, Zhong T. Emerging trends in the application of riboflavin-mediated photodynamic inactivation for food preservation, *Trends in Food Science & Technology*, 2024, 143, 104295.
 14. Li M, Kong X, Jian X, Bo Y, Miao X, Chen H, Shang P, Zhou X, **Wang L**, Zhang Q, Deng Q, Xue Y, Feng F. Fatty acids metabolism in ozone-induced pulmonary inflammatory injury: Evidence, mechanism and prevention. *Sci Total Environ.* 2024, 933:173222.
 15. Li Z, Pan S, Tian Y, Liu S, Wei W, Wang J, Chen T, **Wang L**^{*}, Selenium nanoparticles enhance the chemotherapeutic efficacy of pemetrexed against non-small cell lung cancer, *Chinese Chemical Letters*, 2024, 35(12):110018.
 16. Jiang D, Yu X, Zhong T, Xiao Y, **Wang L**^{*}. The situation and influencing factors of depression and anxiety in patients of hemodialysis during the COVID-19 pandemic in China. *Healthcare*, 2023, 11, 941.
 17. Lin Y, Huang R, Sun X, Yu X, Xiao Y, **Wang L**, Hu WZ, Zhong T. The p-anisaldehyde/beta-cyclodextrin inclusion complexes as a sustained release agent: characterization, storage stability, antibacterial and antioxidant activity. *Food Control*, 2022, 132.
 18. Li Q, **Wang L**, Wu J, Wang J, Wang Y, Zeng X. Role of age, gender and ethnicity in the association between visceral adiposity index and non-alcoholic fatty liver disease among US adults (NHANES 2003-2018): cross-sectional study. *BMJ Open.* 2022,12 (3): e058517.
 19. Li X, Su L, Zhang X, Chen Q, Wang Y, Shen Z, Zhong T, **Wang L**, Xiao Y, Feng X, Yu X. Recent advances on the function and purification of milk exosomes: a review. *Front Nutr.* 2022, 9:871346.
 20. Li Z, Li S, Xiao Y, Zhong T, Yu X, **Wang L**^{*}. Nutritional intervention for diabetes mellitus with Alzheimer's disease. *Front Nutr.* 2022, 9:1046726.
 21. Amoah AN, Danquah AO, Stanislav TS, Drokow EK, Yacong B, **Wang L**, Lyu Q. Correlates of dietary diversity among children aged 6-23 months of head porters in Ghana. *Front Public Health.* 2022, 10:1020265.
 22. Zhang Y, Ding Y, Fan Y, Xu Y, Lu Y, Zhai L, **Wang L**^{*}. Influence of biotin intervention on glycemic control and lipid profile in patients with type 2 diabetes mellitus: A systematic review and meta-analysis. *Front Nutr.* 2022, 9:1046800.
 23. Wang W, Chen Y, Yang T, Wang W, Guan K, Yang Y, **Wang L**^{*}. The effect of nutritional status on clinical outcome in lung transplantation. *Asia Pac J Clin Nutr.* 2022, 31(4):636-641.
 24. Chen S, Zhao X, Wang M, Cui L, **Wang L**^{*}. Association of pre-pregnancy BMI and gestational weight gain with neonatal body size: a cross-sectional study. *Integrative Gynecology and Obstetrics Journal*, 2022, 5(1):
 25. Tao X, Shao Y, Xu D, Huang Y, Yu X, Zhong T, **Wang L**, Chung SK, Chen D, Yu L, Xiao Y. Dietary patterns and nutrient intake in university students of Macao: a cross-sectional study. *Nutrients.* 2022,14(17):3642.
 26. Lu Y, Li Z, Fan Y, Wang J, Zhong T, **Wang L**, Xiao Y, Zhang D, Chen Q, Yu X. The mediating role of cumulative fatigue on the association between occupational stress and depressive symptoms: a cross-sectional study among 1327 Chinese primary healthcare professionals. *Int J Environ Res Public Health.* 2022,19(23): 15477.

27. Zhao X, Li N, Jia R, Chen S, **Wang L***. The factors affecting the physical development of neonates in pregnant women with or without gestational diabetes mellitus. *PLoS One*. 2021,16(4):e0251024.
28. Lin Y, Huang R, Sun X, Yu X, Xiao Y, **Wang L**, Hu W, Zhong T. The p-anisaldehyde/ β -cyclodextrin inclusion complexes as fumigation agent for control of postharvest decay and quality of strawberry. *Food Control*, 2021, 130.
29. Yu X, Zhong T, Zhang Y, Zhao X, Xiao Y, **Wang L**, Liu X, Zhang X. Design, preparation, and application of magnetic nanoparticles for food safety analysis: a review of recent advances. *J Agric Food Chem*. 2022,70(1):46-62.
30. Tao X, Chen D, Fan Y, Zhang L, Shan H, Wei Y, Yu X, Zhong T, **Wang L**, Chung SK, Yu Y, Xiao Y. A cross-sectional study for the mental health status and sleep quality among college students in Macao during the COVID-19 pandemic. *Peer J*. 2021, 9:e12520.
31. Zhang S, Hu R, Geng Y, Chen K, **Wang L**, Imam MU. The Regulatory effects and the signaling pathways of natural bioactive compounds on ferroptosis. *Foods*. 2021, 10(12):2952.
32. Zhou G, Liu L, Li X, Hou X, **Wang L**, Sun R, Huang H, Li Z, Li W, Wang C, Ba Y. ESR α promoter methylation may modify the association between lipid metabolism and type 2 diabetes in Chinese farmers *Front. Public Health*, 2021, 04:
33. Effah CY, **Wang L**, Agboyibor C, Drokow EK, Yu S, Wang W, Wu Y. Polymorphism in the Androgen Biosynthesis Gene (*CYP17*), a Risk for Prostate Cancer: A Meta-Analysis. *Am J Mens Health*. 2020,14(5): 1557988320959984.
34. 李向培, 宋春蕾, 李海霞, 趙宵蒂, 陳淑敏, Khatun P, 時寶慶, 王玲. n-3 多不飽和脂肪酸對 PM_{2.5} 暴露 II 型糖尿病大鼠氧化應激和炎症的影響, *衛生研究*, 2020, 49(3): 511-515.
35. Bo Y, Zhu Y, Tao Y, Li X, Zhai D, Bu Y, Wan Z, **Wang L**, Wang Y, Yu Z. Association between folate and health outcomes: an umbrella review of meta-analyses. *Front. Public Health*, 2020, 8:550753.
36. Yang K, Li Y, Xue Y, **Wang L**, Liu X, Tu R, Dong X, Mao Z, Li W, Wang C. Association of the frequency of spicy food intake and the risk of abdominal obesity in rural Chinese adults: a cross-sectional study. *BMJ Open* 2019;9:e028736.
37. Wang Y, Han H, Wang J, Shen F, Yu F, **Wang L**, Yu SC, Zhang DD, Sun HL, Xue Y, Ba Y, Wang CJ, Li WJ. Polymorphisms in *CYP2R1* gene associated with serum vitamin d levels and status in a Chinese rural population. *Biomed Environ Sci*, 2019; 32(7): 550-53.
38. Yu S, Wang Y, Li X, Mao Z, Yu F, **Wang L**, Ba Y, Wang C, Li W. Methylation in 3' near region of GC gene and its association with the level of vitamin D binding protein and type 2 diabetes mellitus, *Nutrition Research*, 2018, 54:52-59.
39. Yu F, Wang C, **Wang L**, Jiang H, Ba Y, Cui L, Wang Y, Yu S, Li W. Study and evaluation the impact of vitamin D receptor variants on the risk of type 2 diabetes mellitus in Han Chinese, *Journal of Diabetes*, 2017, 9: 275-284.
40. Liu X, **Wang L**, Wang P, Liu R, Yang K, Qian X, Fan J, Yu S, Li Y, Wang C. The dynamics of type 2 diabetes mellitus prevalence and management rates among rural population in Henan province, China, *J Diabetes Research*, 2017, 2017:9092759.
41. Li Q, Cui L, Tian Y, Cui H, Li L., Dou W, Li H, **Wang L***, Protective effect of dietary calcium intake on esophageal cancer risk: a meta-analysis of observational studies, *Nutrients*. 2017, 9 (5): 510.
42. Cui L, Li X, Tian Y, Bao J, **Wang L**, Xu D, Zhao B, Li W. Breastfeeding and early childhood caries: a meta-analysis of observational studies, *Asia Pac J Clin Nutr* 2017, 26(5):867-80.

參編教材與著作

1. Preventive medicine, 鄭州大學出版社, 2021。
2. 健康管理師（三級）學習指導與習題集，副主編，鄭州大學出版社，鄭州(2020)。
3. 中華醫學百科全書•營養與食品衛生學分卷，參編第 14 章：營養相關疾病，中國協和醫科大學出版社，北京(2019)。
4. Basic nutrition and diet therapy, contributor of Part 4: Clinical Nutrition，清華大學出版社，北京(2018)。
5. 营养与食品卫生学实验指导（第五版），国家卫计委“十三五”规划教材配套教材，参编实验十三：糖尿病病人食谱编制、实验十七：食品安全性毒理学评价分析，人民卫生出版社，北京(2017)。
6. Nutrition Medicine, contributor of Chapter 5: Nutrition and disease，高等教育出版社，北京(2015)。
7. 学生营养与合理膳食指南，人民卫生出版社，北京(2014)。
8. 营养与食品卫生学（第七版），“十二五”普通高等教育本科国家级规划教材，参编第七章：营养与营养相关疾病，人民卫生出版社，北京(2012)。
9. 肿瘤营养学，参编第四章：营养素与肿瘤，人民卫生出版社，北京(2012)。
10. Nutrition & Food Hygiene English Textbook, contributor of Unit 10: Obesity and Diabetes, 高等教育出版社，北京(2012)。
11. 预防医学，医学教育改革系列教材，参编第四章：膳食营养与健康，高等教育出版社，北京(2012)。
12. 临床营养学，参编第一章：营养评价方法、第二章：营养支持、第六章：营养与心脑血管系统疾病、第七章：营养与内分泌和代谢性疾病，郑州大学出版社，郑州(2008)。
13. 预防医学，参编第四章：食物因素与健康，郑州大学出版社，郑州(2008)。